



Big stories, fewer barriers.



Symbolised



Countdown
to Bed

Teaching and Learning Resources

About this resource

This resource can be used by parents, teachers, carers and young readers. It is designed to provide fun, engaging and creative ideas to explore Numberblocks **Symbolised Countdown to Bed**. The resources are suitable to use in and out of the classroom, allowing young readers to get even more out of the book!

Summary

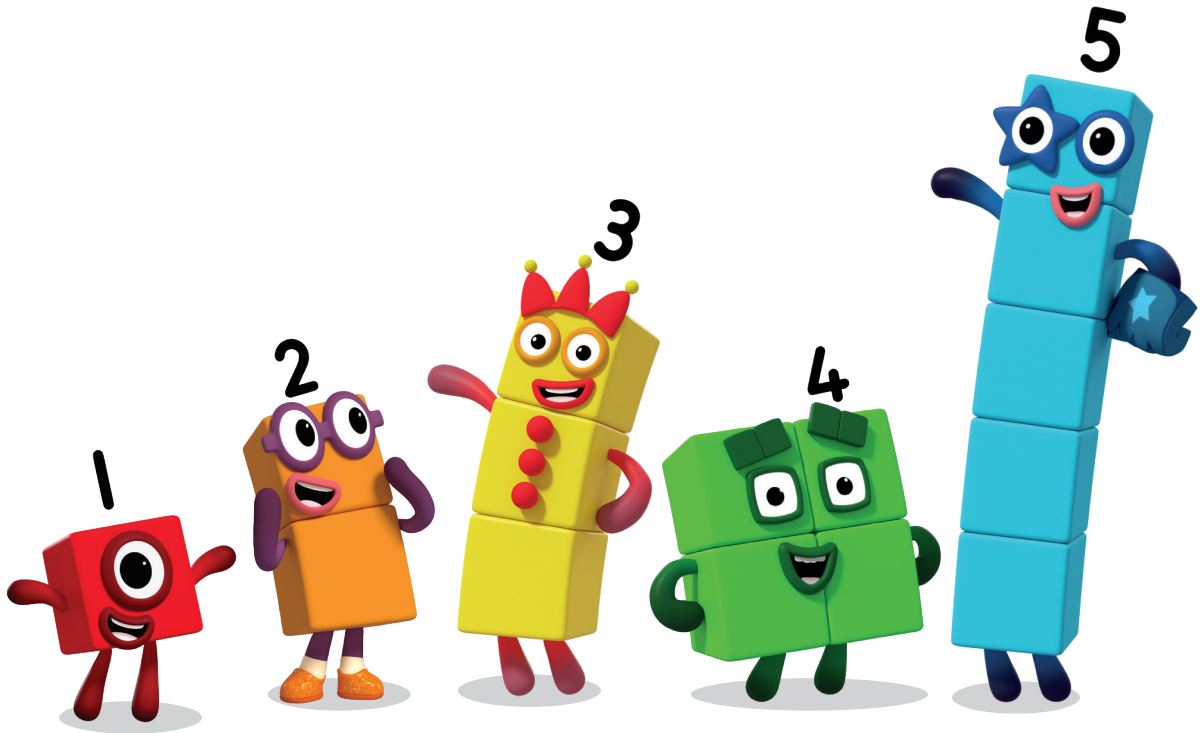
It's time for bed but Numberblock One is not tired! She must go to sleep, so Numbers Two to Ten try to help her!

Can you help her by counting down from ten too?

Meet the Numberblocks!

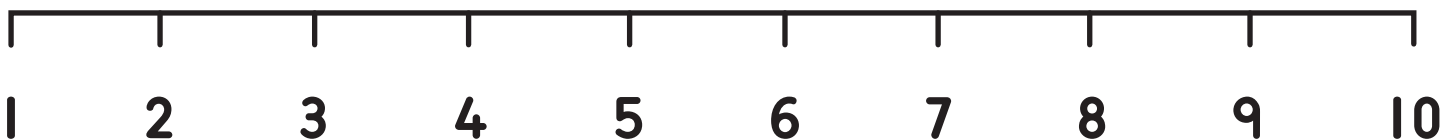
Meet the Numberblocks! They are colourful characters made of blocks that can split apart and join together to do amazing Number Magic. Each one has their own personality and they all love finding out about numbers and discovering how to make new ones!

The Numberblocks all have their own colour and are made up of different amounts of blocks.



Activity: Can you use your own building blocks and make Numberblocks One, Two, Three, Four and Five? Now try putting your Numberblocks in the correct order, and count from 1 to 5.

Use this number line throughout to help with your counting!





Numberland is the colourful land where all Numberblocks live! It is where they have their adventures, play with their friends and ultimately teach us about maths!

Anything can appear in this magical world. Numberblocks from One to One Million and beyond call it home. Together they can make every number there is through exploring the colourful world. It's a place of adventure, fun and laughter for the Numberblocks and the children who love them.

Numberland Activity: Its nighttime in Numberland and the Numberblocks need to go to sleep. The stars are shining and it is dark. Can you create a painting of Numberland like the one below? Try adding lots of bright stars in the sky. You could even add some biodegradable glitter (or eco-friendly glitter) to make your stars sparkle!

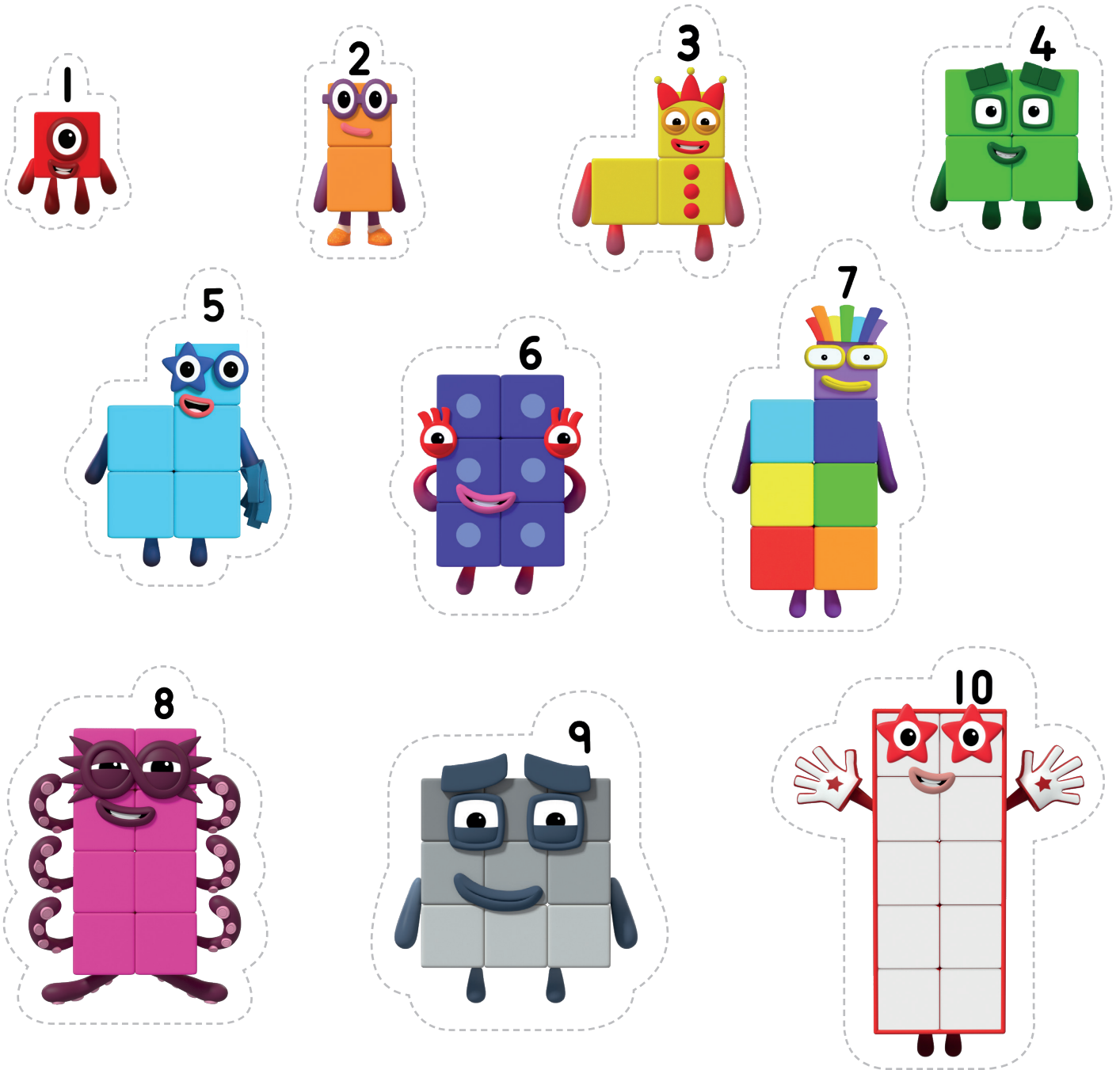


How many stars have you added to your sky?



Counting to 10

Ask an adult to cut out Numberblocks One to Ten and stick them to 10 bowls or cups in a row.



Using small pom poms, beads or pieces of dried pasta, can you count the correct amount into each bowl? Use your thumb and first finger in a pincer grip to move the objects. Perhaps you could use children's tweezers for more of a challenge? If this is difficult, count the items into the bowls in the way that best suits you!

This activity will work on number recognition, counting and fine motor skills.

Counting down rockets!

Counting down from 10 can be lots of fun! People count down for lots of reasons, sometimes even to send rockets into space!

Make your own straw rocket. Then count down to blast off!

You will need:

A straw
Paper
Tape
Colouring pens, stickers or anything you'd like to use for decoration.

Instructions:

Cut a small strip of paper.

Fold it in half.

Seal the top and long side with tape.

This is now your paper rocket (it should fit loosely over the top of the straw).

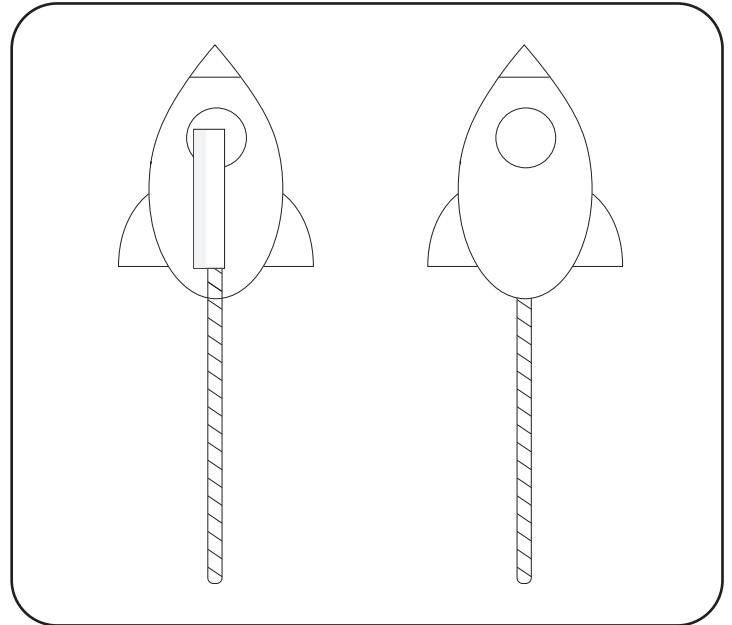
Decorate your paper rocket.

Place your paper rocket over the straw.

Count down from 10

When you reach 0, shout 'Blast off!'

Blow into the straw and your paper rocket will shoot into the air!



10



Maybe you could decorate your rocket with Numberblock Ten! She loves flying like a rocket!

Counting down from 10 – let's move!

Let's have even more fun counting down from 10. Can you count down from 10 while moving your body? Count down from 10 to 1 whilst jumping, hopping, stretching or even running.

Could you try to following movement challenges:

Can you hop every time you say a number?

Can you hold a stretch whilst counting down from 10?

Can you run on the spot as fast as you can, whilst counting down from 10?



When you have finished your movement activities, sit down and close your eyes. Breathe slowly whilst counting down from 10 to help your body and mind relax.



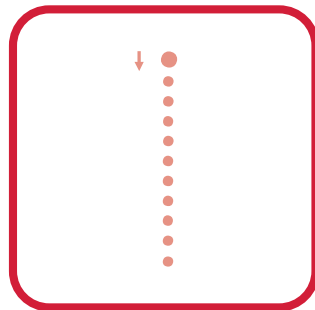
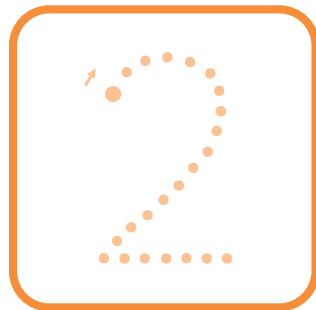
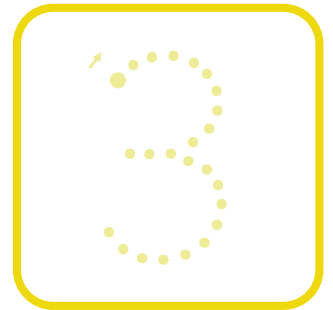
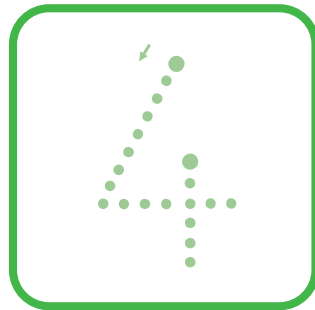
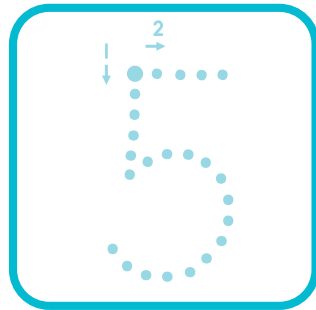
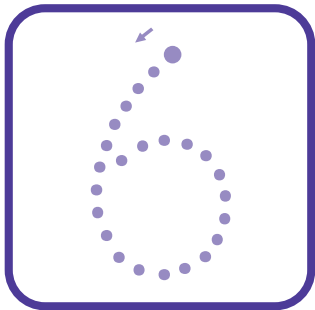
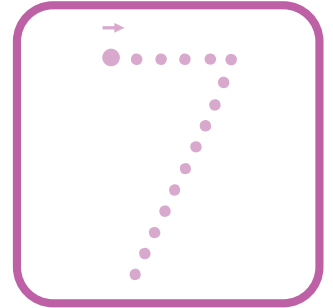
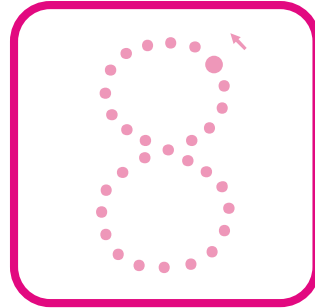
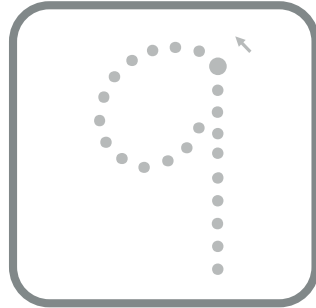
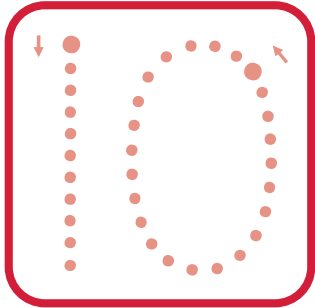


How many minutes?

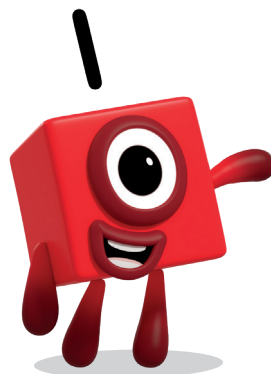


Numberblock One is counting down the minutes until bedtime. Can you help her?

Trace numbers 1 to 10 in the boxes below:



Now cut out each number. Make sure to ask a grown up to help you if you find using scissors difficult. Place these numbers around a room and see how long it takes you to find them! Once you have found them, can you put them in order from 1 to 10? Now try placing them in order from 10 to 1.



Counting sheep!

Numberblock Six Tries to help
Numberblock One to go to
sleep by counting sheep.

Can you help Numberblock
One to count too?



Let's make a fluffy sheep!

You will need:

Cotton wool balls

Glue

Outline of sheep (Maybe you
could use the sheep below.)

Instructions:

Spread glue all over the sheep's body.

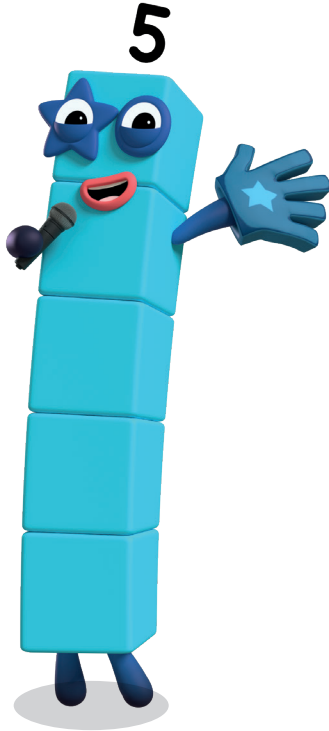
Place cotton wool balls onto the sheep's body

How many balls of cotton wool does it take to
make your sheep? Count them!

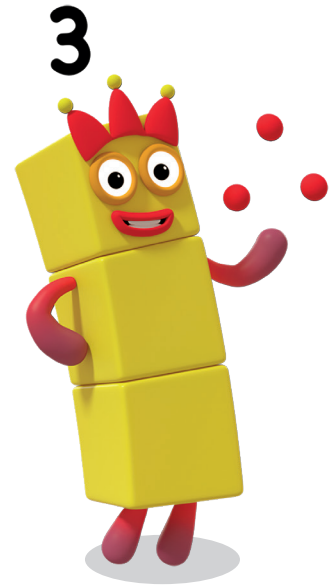


Extra fun challenges

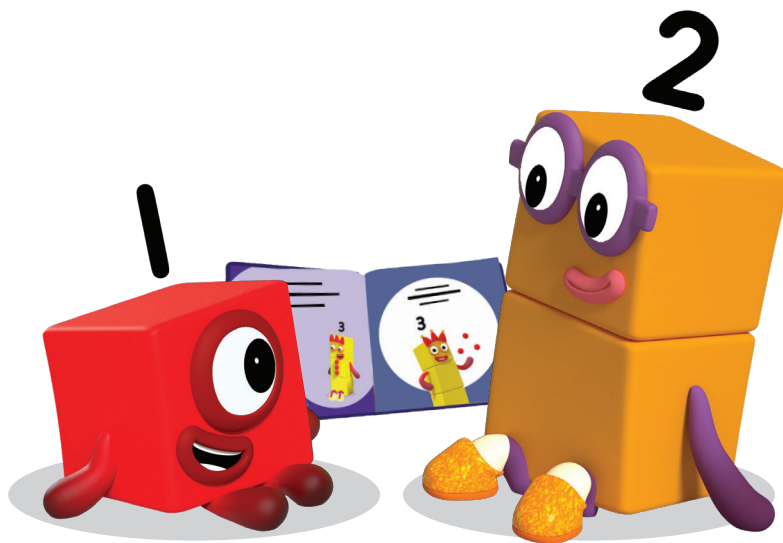
Numberblock Five loves to sing!
What is your favourite song to sing?
Can you sing it to your friends and family?



Numberblock Three can juggle!
Juggling is tricky with 3 balls.
Can you throw and catch 1 ball?
Count carefully how many times
you can do it.

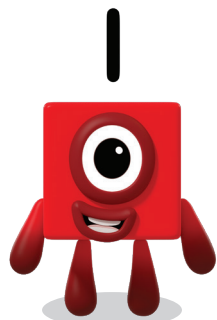


Numberblock Two enjoys reading stories. What is your favourite story?
Can you tell your favourite story to your Numberblocks characters that you made using your own blocks?





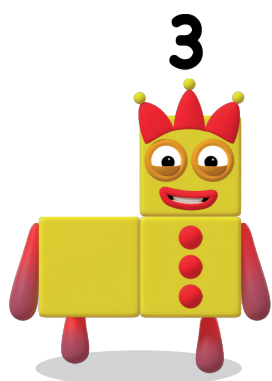
Key symbols and cue cards



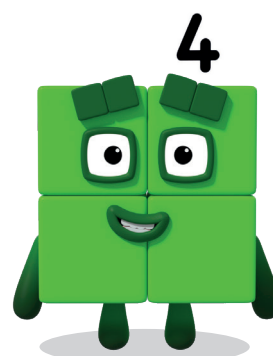
One



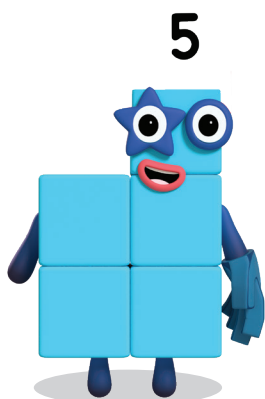
Two



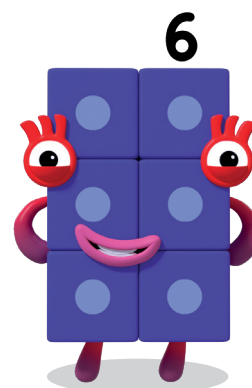
Three



Four



Five

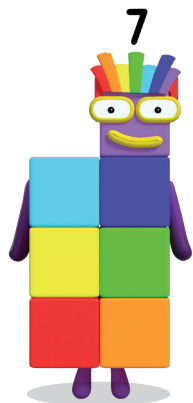


Six





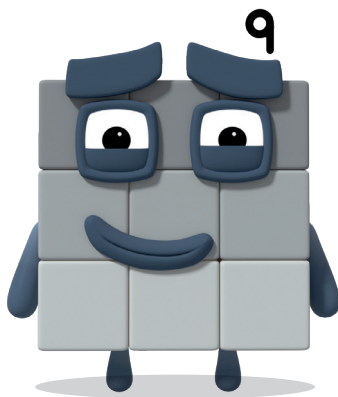
Key symbols and cue cards



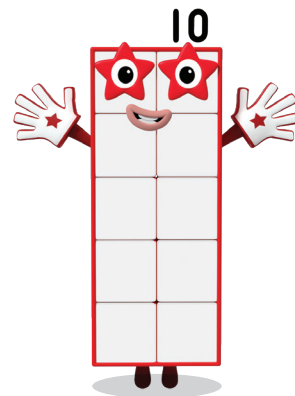
Seven



Eight



Nine



Ten

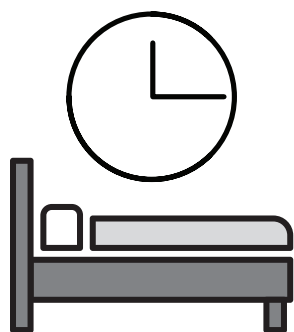




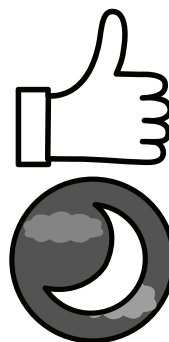
Calm



Tired/ sleepy



Bedtime



Goodnight





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This teaching and learning resource has been written by Katie Corrigan as part of Every Cherry Publishing.

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