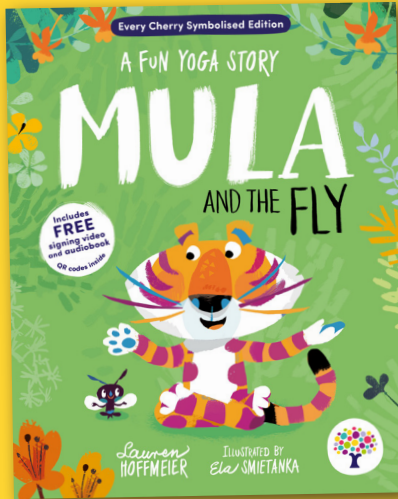




Big stories, fewer barriers.



SYMBOLISED CLASSICS

MULA AND THE FLY

Teaching and Learning Resources

About This Resource

This resource can be used by parents, teachers, carers and young readers. It is designed to provide fun, engaging and creative ideas to explore **Mula and the Fly**.

The resources are suitable to use in and out of the classroom, allowing young readers to get even more out of the book!

Summary

Mula is a tiger who is very lazy.

One day, when Mula is sleeping, a fly wakes her up. At first Mula tries to bite the fly and go back to sleep. But the fly was determined!

The fly taught Mula how to move and do yoga, just like Mula dreamed!

Mula is happy that she has learned yoga and cannot wait to show her friends.

DO Judge a Book by its Cover!

Take a look at the book cover. What clues can the cover give us about the book?

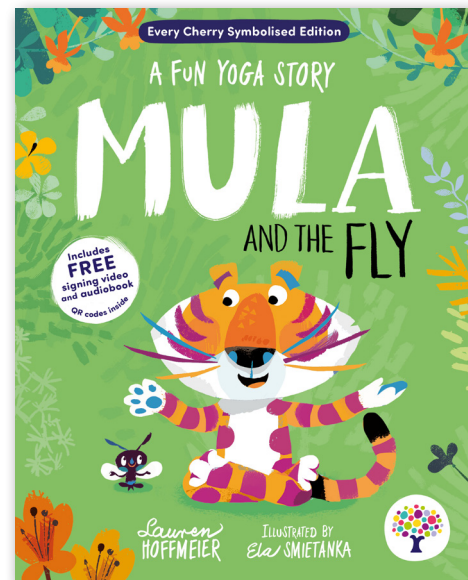
Activity 1: Front Cover Analysis

Can you find ...

- Who is in the story?
- Who is the author?
- What are Mula and the fly both doing?

Can you answer the following questions?

- What do you think the book will be about?
- What can you see on the front cover?
- Do you think Mula and the fly are friends?



Activity 2: Back Cover Analysis

Read the blurb.

- What does Mula like to do?
- Who helps Mula to learn yoga?
- Do you want to read this story? Why? Why not?



Pre-read discussion questions

Before you begin reading the book, how would you answer the following questions?

- How do you think the fly helps Mula?
- Have you done yoga before? If yes, do you like it?

Yoga is a calm exercise where we think about the position of our body and our breathing. Yoga can make you feel good; it exercises your body, mind and heart. Mula the tiger has learnt yoga from the fly. In the story you can see some of the yoga poses they do together.

Can You Create Your Own Yoga Pose?

Think about Mula, the tiger. What pose do you think you could do that makes you think of a tiger?

Take a photo of your yoga pose or try and draw it below:

Activity 1: Life in the Jungle

Mula lives in the jungle. Have a look at pictures and videos of different jungles.

Can you create your own jungle art?

You could paint, draw, colour or even build a jungle using old packaging and bottles.

You can stick photos of jungles you like below to help you make your artwork:

Activity 2: Don't Swat the Fly!

Mula tries to get rid of the fly as they want to go back to sleep. Let's play a game but try not to swat the fly!

TWO OPTIONS FOR THIS RESOURCE ACTIVITY:

Option 1: Either provide 20 playing card like images of mula and 3 fly cards. The explanation would then be as below:

- Cut out the cards below to make your own game. (Either the reader can do this to practise fine motor skills or an adult can support them with this.)
- Place all the cards picture down on a table.
- Take it in turns to turn over and take a card.
- The person with the least Fly cards at the end wins the game.

Option 2: The reader can create their own cards. The explanation would then be as below:

- Make your own cards by cutting out small squares and drawing 20 Mula pictures and 3 fly pictures.
- Place all the cards picture down on a table.
- Take it in turns to turn over and take a card.
- The person with the least Fly cards at the end wins the game.

Activity 3: The Sounds of the Jungle

What sounds do you think you would hear in the jungle? What animal noises might you hear? Can you hear rustling leaves or running water.

Using musical instruments create a piece of music for the jungle.
Perhaps you could make a sequence of different sounds and then repeat them.

If you do not have access to a wide range of instruments, then objects from around a house will work great as well. You could hit a pan, scrunch paper, shake a bottle filled with water, the options are endless.

Activity 4: Hit the Fly

Decorate a balloon so that it looks like a fly. You can do this by drawing on it with felt tip pens or even adding fabric or paper for the wings.

A fly is light just like a balloon.

- How long you can keep the fly in the air by batting it up?
- How many times can you hit the balloon before it lands in the floor?
- Can you sit on the floor and use your feet to keep the balloon up?
- Can you move the balloon around the middle of your body, trying not to drop it?

Challenge: Ping your fly balloon across the room by pulling back on the tie and pinging it. How far did it go? Can you do it further than your friend?

Yoga Poses

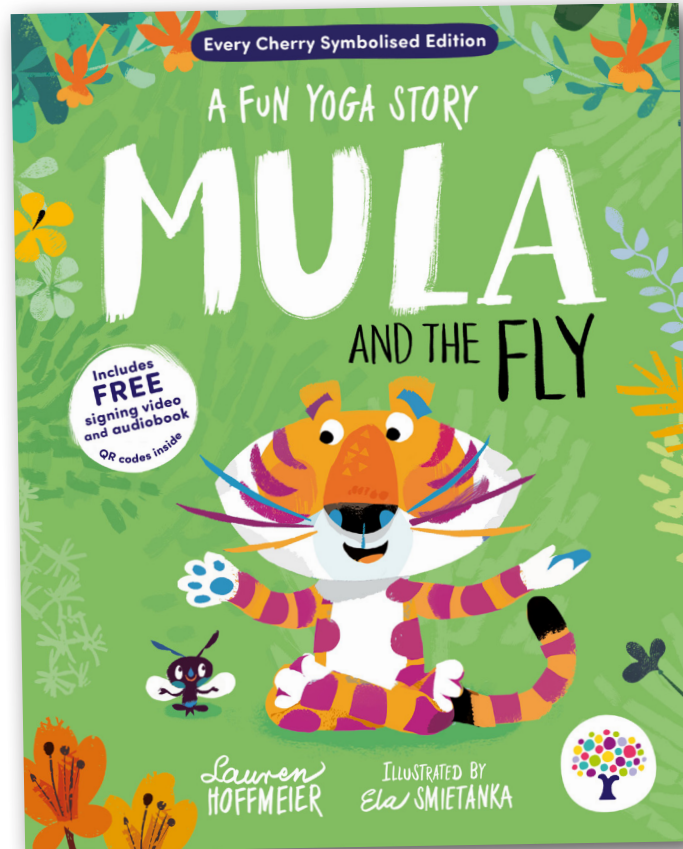
In the back of the book, you will find some yoga poses to try yourself. You could take some photos of yourself in the poses and display them so you can practise them each day.

Extra Fun Challenges!

- *Create a jungle small world setting to play and explore with. You could use figures you already have or make jungle animals using rolled-up cardboard and drawing your animals on each one.*
- *Take some time out. Part of yoga is practising your breathing. Put on some quiet jungle sounds music and enjoy lying or sitting still and focusing on your slow breathing.*
- *Get ready to use your loud voice! Play a game of guess the jungle animal. Each person takes it in turns to make a jungle animal noise whilst others guess the animal. How many did you get right?*



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This Teaching and Learning Resource has been written by Katie Corrigan as part of Every Cherry Publishing.

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